

START_11 Col. 4764 Character 4

Set Start Time:

Freq	Value	Label
5147	-	Time: HHMM

NSA_1_T1 Col. 4768 Character 1

1 Now I would like to ask you some questions about health and nutrition. What is ...'s current height? (Without shoes on)

Freq	Value	Label
221	4	Feet
4339	5	Feet
364	6	Feet
108	D	Don't Know
109	R	Refused to Answer

NSA_1_T2 Col. 4769 Character 2

Freq	Value	Label
552	00	Inches
371	01	Inches
572	02	Inches
462	03	Inches
523	04	Inches
434	05	Inches
446	06	Inches
366	07	Inches
315	08	Inches
253	09	Inches
299	10	Inches
310	11	Inches
129	D	Don't Know
109	R	Refused to Answer

NSA_2 Col. 4771 Character 3

2 What is ...'s current weight?

Freq	Value	Label
187	D	Don't Know
138	R	Refused to Answer
4816	0-999	Pounds

NSA_3 Col. 4774 Character 3

3 What was ...'s weight when ... was 50 years of age?

Freq	Value	Label
730	D	Don't Know
129	R	Refused to Answer
4282	0-999	Pounds

NSA_4 Col. 4777 Character 3

4 What was ...'s weight last [month] one year ago?

Freq	Value	Label
429	D	Don't Know
138	R	Refused to Answer
4574	0-999	Pounds

5. Does ... regularly go to...

NSA_5A Col. 4780 Character 1

a ...a senior center?

Freq	Value	Label
440	1	Yes
4628	2	No
13	D	Don't Know
60	R	Refused to Answer

NSA_5B Col. 4781 Character 1

b Does ... regularly go to an adult day care center

Freq	Value	Label
52	1	Yes
5015	2	No
14	D	Don't Know
60	R	Refused to Answer

NSA_5C Col. 4782 Character 1

c Does ... receive any health services or therapy at the adult day care center?

Freq	Value	Label
23	1	Yes
28	2	No
1	D	Don't Know

NSA_5D Col. 4783 Character 1

d Does this adult day care center provide ... With transportation between the center and home?

Freq	Value	Label
25	1	Yes
26	2	No
1	D	Don't Know

6. On a typical day, how many...

NSA_6A Col. 4784 Character 2

6a meals does ... eat?

Freq	Value	Label
16	00	Total number of meals
109	01	Total number of meals
957	02	Total number of meals
3704	03	Total number of meals
91	04	Total number of meals
51	05	Total number of meals
20	06	Total number of meals
1	07	Total number of meals
1	10	Total number of meals
12	14	Total number of meals
1	15	Total number of meals
2	18	Total number of meals
1	19	Total number of meals
51	21	Total number of meals
34	D	Don't Know
90	R	Refused to Answer

NSA_6B Col. 4786 Character 2

b Besides breakfast, lunch, and dinner, how many other times during the day does ... eat?

Freq	Value	Label
2063	00	Times
1500	01	Times
959	02	Times
302	03	Times
61	04	Times
25	05	Times
8	06	Times
3	07	Times
1	08	Times
3	09	Times
2	14	Times
1	15	Times
1	19	Times
19	21	Times

101	D	Don't Know
92	R	Refused to Answer

7. In a typical week, how many

NSA_7A Col. 4788 Character 2

a ...meals does ... eat at home?

Freq	Value	Label
51	0	Total number of meals
354	1-7	Total number of meals
873	8-14	Total number of meals
3166	15-21	Total number of meals
552	22-170	Total number of meals
53	D	Don't Know
92	R	Refused to Answer

NSA_7B Col. 4790 Character 2

b In a typical week, of those meals eaten at home, how many are brought in for ... by someone else?

Freq	Value	Label
4189	0	Total number of meals
521	1-7	Total number of meals
97	8-14	Total number of meals
169	15-21	Total number of meals
40	22-170	Total number of meals
43	D	Don't Know
82	R	Refused to Answer

NSA_7C Col. 4792 Character 1

c Does ... now regularly eat meals in a senior center or some other place with a special meal for older people?

Freq	Value	Label
271	1	Yes
4788	2	No
14	D	Don't Know
68	R	Refused to Answer

NSA_7D Col. 4793 Character 2

d In a typical week, how many meals does ... eat in a meals program or a social center?

Freq	Value	Label
13	0	Total number of meals

193	1-7	Total number of meals
25	8-14	Total number of meals
32	15-21	Total number of meals
3	22-170	Total number of meals
3	D	Don't Know
2	R	Refused to Answer

NSA_7E Col. 4795 Character 1

7e Does ... have meals delivered to ... by an agency or organization like MEALS ON WHEELS?

Freq	Value	Label
263	1	Yes
4798	2	No
14	D	Don't Know
66	R	Refused to Answer

NSA_7F Col. 4796 Character 2

f In a typical week, how many of ... meals are from home delivered meals programs like MEAL ON WHEELS?

Freq	Value	Label
8	0	Total number of meals
233	1-7	Total number of meals
14	8-14	Total number of meals
5	15-21	Total number of meals
3	D	Don't Know

8. Does ... usually take a...

NSA_8A Col. 4798 Character 1

8a ...vitamin and/or mineral supplement once a week or more?

Freq	Value	Label
2978	1	Yes
2013	2	No
62	D	Don't Know
88	R	Refused to Answer

NSA18B1-NSA18B20 Col. 4799 Character 480

b.1 What type of vitamin and/or mineral supplement(s) does ... take and how often is it taken? (Type, amount per day, and/or times per day). Record up to 20 responses.

Value				
	z	D	R	Total

1	2916	56	6	2978
2	1171	7	1	1179
3	522	1	0	523
4	260	0	0	260
5	125	0	0	125
6	71	0	0	71
7	38	0	0	38
8	31	0	0	31
9	18	0	0	18
10	15	0	0	15
11	7	0	0	7
12	6	0	0	6
13	3	0	0	3
14	2	0	0	2
15	2	0	0	2
16	2	0	0	2
17	1	0	0	1
18	1	0	0	1
19	0	0	0	0
20	0	0	0	0

Value	Label
z	Type of vitamin/supplement
D	Don't know
R	Refused to answer

NSA28B1-NSA28B20 Col. 5279 Character 600

b.2 Amount per day and/or

Value				
	z	D	R	Total
1	2792	63	7	2862
2	1109	22	1	1132
3	495	7	0	502
4	248	0	0	248
5	119	1	0	120
6	69	0	0	69
7	38	0	0	38
8	30	0	0	30
9	18	0	0	18
10	15	0	0	15
11	7	0	0	7
12	6	0	0	6
13	3	0	0	3
14	2	0	0	2
15	2	0	0	2
16	2	0	0	2
17	1	0	0	1

18	1	0	0	1
19	0	0	0	0
20	0	0	0	0

Value	Label
z	Amount per day and/or
D	Don't know
R	Refused to answer

NSA38B1-NSA38B20 Col. 5879 Character 600

b.3 Times per day

Value				
	z	D	R	Total
1	2731	25	7	2763
2	1077	8	1	1086
3	481	1	0	482
4	244	0	0	244
5	117	0	0	117
6	65	0	0	65
7	35	0	0	35
8	29	0	0	29
9	17	0	0	17
10	14	0	0	14
11	7	0	0	7
12	6	0	0	6
13	3	0	0	3
14	2	0	0	2
15	1	0	0	1
16	1	0	0	1
17	1	0	0	1
18	1	0	0	1
19	0	0	0	0
20	0	0	0	0

Value	Label
z	Times per day
D	Don't know
R	Refused to answer

NSA_CK5 Col. 6479 Character 1

Refer to ADL_IBD (bedfast) and ADL_NAR (no inside activity). Does ADL_IBD and/or ADL_NAR equal 1?

Freq	Value	Label
72	1	Yes
5075	2	No

9. On a usual day, how much time does ... spend on -

NSA_9A_1 Col. 6480 Character 2

a vigorous activities such as digging in the garden, strenuous sports, jogging, chopping wood, sustained swimming, brisk walking, carpentry, bicycling on hills, etc?

Freq	Value	Label
3892	0	Hours
356	1	Hours
244	2	Hours
81	3	Hours
72	4	Hours
27	5	Hours
34	6	Hours
4	7	Hours
13	8	Hours
7	10-16	Hours
47	D	Don't Know
83	R	Refused to Answer

NSA_9A_2 Col. 6482 Character 2

Freq	Value	Label
3852	0	Minutes
92	1-15	Minutes
242	16-30	Minutes
43	31-45	Minutes
2	46-59	Minutes
47	D	Don't Know
80	R	Refused to Answer

NSA_9B_1 Col. 6484 Character 2

b moderate activities such as housework, light sports, walking outside, golf, yard work, lawn mowing, painting, repairing, dancing, bicycling on level ground, etc?

Freq	Value	Label
2237	0	Hours
818	1	Hours
766	2	Hours
340	3	Hours
245	4	Hours
119	5	Hours
74	6	Hours
16	7	Hours
37	8	Hours

3	9	Hours
21	10-16	Hours
84	D	Don't Know
88	R	Refused to Answer

NSA_9B_2 Col. 6486 Character 2

Freq	Value	Label
3297	0	Minutes
152	1-15	Minutes
461	16-30	Minutes
48	31-45	Minutes
4	46-59	Minutes
81	D	Don't Know
86	R	Refused to Answer

NSA_9C_1 Col. 6488 Character 2

c light activities such as office work, driving a car, strolling, walking inside, etc?

Freq	Value	Label
1506	0	Hours
1090	1	Hours
967	2	Hours
424	3	Hours
249	4	Hours
122	5	Hours
88	6	Hours
26	7	Hours
64	8	Hours
7	9	Hours
44	10-16	Hours
166	D	Don't Know
88	R	Refused to Answer

NSA_9C_2 Col. 6490 Character 2

Freq	Value	Label
2997	0	Minutes
147	1-15	Minutes
529	16-30	Minutes
44	31-45	Minutes
3	46-59	Minutes
153	D	Don't Know
85	R	Refused to Answer

Look at Flashcard G. I am going to ask you how often during the past three months ... has consumed several food items by themselves or as a part of mixed dishes. Please respond:

NSA_1001 Col. 6492 Character 1

a Lowfat milk?

Freq	Value	Label
1616	1	Never
129	2	Less than once a month
109	3	One to three times a month
266	4	Once or twice a week
549	5	3 to 6 times a week
1902	6	Once or twice a day
292	7	3 or more times a day
117	D	Don't Know
161	R	Refused to Answer

NSA_1002 Col. 6493 Character 1

b Whole milk?

Freq	Value	Label
3490	1	Never
203	2	Less than once a month
88	3	One to three times a month
190	4	Once or twice a week
236	5	3 to 6 times a week
563	6	Once or twice a day
93	7	3 or more times a day
118	D	Don't Know
160	R	Refused to Answer

NSA_1003 Col. 6494 Character 1

c Other dairy products such as yogurt or cheese?

Freq	Value	Label
592	1	Never
348	2	Less than once a month
556	3	One to three times a month
1468	4	Once or twice a week
1090	5	3 to 6 times a week
758	6	Once or twice a day
37	7	3 or more times a day
132	D	Don't Know
160	R	Refused to Answer

NSA_1004 Col. 6495 Character 1

d Eggs?

Freq	Value	Label
504	1	Never
346	2	Less than once a month
681	3	One to three times a month
1893	4	Once or twice a week
963	5	3 to 6 times a week
448	6	Once or twice a day
22	7	3 or more times a day
124	D	Don't Know
160	R	Refused to Answer

NSA_1005 Col. 6496 Character 1

e Poultry such as chicken or turkey?

Freq	Value	Label
158	1	Never
146	2	Less than once a month
536	3	One to three times a month
2127	4	Once or twice a week
1626	5	3 to 6 times a week
236	6	Once or twice a day
24	7	3 or more times a day
128	D	Don't Know
160	R	Refused to Answer

NSA_1006 Col. 6497 Character 1

f Beef, pork, or lamb?

Freq	Value	Label
342	1	Never
304	2	Less than once a month
723	3	One to three times a month
2169	4	Once or twice a week
1094	5	3 to 6 times a week
204	6	Once or twice a day
10	7	3 or more times a day
135	D	Don't Know
160	R	Refused to Answer

NSA_1007 Col. 6498 Character 1

g Processed meats such as frankfurters or luncheon meats?

Freq	Value	Label
1316	1	Never

754	2	Less than once a month
973	3	One to three times a month
1154	4	Once or twice a week
484	5	3 to 6 times a week
161	6	Once or twice a day
5	7	3 or more times a day
134	D	Don't Know
160	R	Refused to Answer

NSA_1008 Col. 6499 Character 1

h Fish or shellfish?

Freq	Value	Label
593	1	Never
579	2	Less than once a month
1217	3	One to three times a month
1973	4	Once or twice a week
415	5	3 to 6 times a week
66	6	Once or twice a day
5	7	3 or more times a day
133	D	Don't Know
160	R	Refused to Answer

NSA_1009 Col. 6500 Character 1

i Breads?

Freq	Value	Label
98	1	Never
65	2	Less than once a month
127	3	One to three times a month
432	4	Once or twice a week
789	5	3 to 6 times a week
2871	6	Once or twice a day
475	7	3 or more times a day
124	D	Don't Know
160	R	Refused to Answer

NSA_1010 Col. 6501 Character 1

j Rice and other grains such as barley or oats?

Freq	Value	Label
509	1	Never
379	2	Less than once a month
840	3	One to three times a month
1522	4	Once or twice a week

984	5	3 to 6 times a week
560	6	Once or twice a day
47	7	3 or more times a day
140	D	Don't Know
160	R	Refused to Answer

NSA_1011 Col. 6502 Character 1

k Pasta such as spaghetti or noodles?

Freq	Value	Label
396	1	Never
386	2	Less than once a month
1238	3	One to three times a month
2004	4	Once or twice a week
675	5	3 to 6 times a week
136	6	Once or twice a day
12	7	3 or more times a day
134	D	Don't Know
160	R	Refused to Answer

NSA_1012 Col. 6503 Character 1

l Pizza?

Freq	Value	Label
1729	1	Never
1416	2	Less than once a month
1214	3	One to three times a month
448	4	Once or twice a week
39	5	3 to 6 times a week
9	6	Once or twice a day
124	D	Don't Know
162	R	Refused to Answer

NSA_1013 Col. 6504 Character 1

m Potatoes?

Freq	Value	Label
129	1	Never
205	2	Less than once a month
497	3	One to three times a month
1566	4	Once or twice a week
1840	5	3 to 6 times a week
584	6	Once or twice a day
31	7	3 or more times a day
127	D	Don't Know

162 R Refused to Answer

NSA_1014 Col. 6505 Character 1

n Fortified breakfast cereals-the ones with added vitamins and minerals?

Freq	Value	Label
1500	1	Never
275	2	Less than once a month
301	3	One to three times a month
747	4	Once or twice a week
993	5	3 to 6 times a week
992	6	Once or twice a day
29	7	3 or more times a day
142	D	Don't Know
162	R	Refused to Answer

NSA_1015 Col. 6506 Character 1

o Other breakfast cereals?

Freq	Value	Label
2013	1	Never
389	2	Less than once a month
382	3	One to three times a month
834	4	Once or twice a week
682	5	3 to 6 times a week
506	6	Once or twice a day
20	7	3 or more times a day
153	D	Don't Know
162	R	Refused to Answer

NSA_1016 Col. 6507 Character 1

p Dried peas, beans, or other legumes?

Freq	Value	Label
1011	1	Never
610	2	Less than once a month
1081	3	One to three times a month
1242	4	Once or twice a week
657	5	3 to 6 times a week
218	6	Once or twice a day
13	7	3 or more times a day
147	D	Don't Know
162	R	Refused to Answer

NSA_1017 Col. 6508 Character 1

q Vegetables?

Freq	Value	Label
50	1	Never
43	2	Less than once a month
148	3	One to three times a month
473	4	Once or twice a week
1407	5	3 to 6 times a week
2539	6	Once or twice a day
190	7	3 or more times a day
129	D	Don't Know
162	R	Refused to Answer

NSA_1018 Col. 6509 Character 1

r Fruits and juices?

Freq	Value	Label
106	1	Never
74	2	Less than once a month
136	3	One to three times a month
405	4	Once or twice a week
1016	5	3 to 6 times a week
2769	6	Once or twice a day
345	7	3 or more times a day
128	D	Don't Know
162	R	Refused to Answer

NSA_1019 Col. 6510 Character 1

s Butter, margarine, mayonnaise, or salad dressing?

Freq	Value	Label
272	1	Never
162	2	Less than once a month
213	3	One to three times a month
644	4	Once or twice a week
972	5	3 to 6 times a week
2367	6	Once or twice a day
215	7	3 or more times a day
134	D	Don't Know
162	R	Refused to Answer

NSA_1020 Col. 6511 Character 1

t Sweet baked goods such as cookies or sweet rolls?

Freq	Value	Label
619	1	Never

425	2	Less than once a month
564	3	One to three times a month
1092	4	Once or twice a week
852	5	3 to 6 times a week
1209	6	Once or twice a day
88	7	3 or more times a day
130	D	Don't Know
162	R	Refused to Answer

NSA_1021 Col. 6512 Character 1

u Candy?

Freq	Value	Label
1328	1	Never
882	2	Less than once a month
664	3	One to three times a month
854	4	Once or twice a week
458	5	3 to 6 times a week
595	6	Once or twice a day
66	7	3 or more times a day
131	D	Don't Know
163	R	Refused to Answer

NSA_1022 Col. 6513 Character 1

v Sugared soft drinks?

Freq	Value	Label
2489	1	Never
568	2	Less than once a month
317	3	One to three times a month
535	4	Once or twice a week
357	5	3 to 6 times a week
540	6	Once or twice a day
42	7	3 or more times a day
131	D	Don't Know
162	R	Refused to Answer

NSA_1023 Col. 6514 Character 1

w Coffee or tea?

Freq	Value	Label
507	1	Never
103	2	Less than once a month
123	3	One to three times a month
251	4	Once or twice a week

487	5	3 to 6 times a week
2878	6	Once or twice a day
511	7	3 or more times a day
121	D	Don't Know
160	R	Refused to Answer

NSA_1024 Col. 6515 Character 1

x Alcohol, including liquor, beer, and wine?

Freq	Value	Label
3674	1	Never
338	2	Less than once a month
198	3	One to three times a month
244	4	Once or twice a week
131	5	3 to 6 times a week
269	6	Once or twice a day
16	7	3 or more times a day
112	D	Don't Know
159	R	Refused to Answer

END_T111 Col. 6516 Character 4

Set end time

Freq	Value	Label
5147	-	Time: HHMM

CUML_T11 Col. 6520 Character 4

Subtract NSA start time from NSA end time

Freq	Value	Label
5145	-	Time: HHMM